

From June 26th through August 17th 2025



◇ R 6 0 Trondheim - Røros - Hamar

Train number	2378	2380	2382	2386	2388	2390	2390	416	418
RØROSBANEN	R ☐ 🚲 ☐	R ☐ 🚲 ☐	R ☐ 🚲 ☐	R ☐ 🚲 ☐	R ☐ 🚲 ☐	R ☐ 🚲 ☐	R ☐ 🚲 ☐	☐ 🚲 ☐	☐ 🚲 ☐
Monday-Friday	M-F		M-F	M-F		M-F		M-F	
Saturday		Sa		Sa		Sa			
Sunday				S	S		S		S
Stjørdal								1530	
Trondheim Lufthavn								1533	
Hell								1536x	
Hommelvik								1545	
Vikhammer								1558	
Ranheim								1603	
Rotvoll								1606x	
Leangen								1608	
Lilleby								1611	
Lademoen								1613	
1616									
Trondheim S									
Trondheim S			0537	0934			1329	1621	2020
Skansen			0540	0937			1332	1624	2023
Marienburg			0543	0940			1335	1627	2026
Selsbakk			0547x	0944x			1339x	1632x	2030x
Heimdal			0553	0952			1345	1639	2038
Melhus Skysstasjon			0603	1001			1359	1651	2052
Kvål			0608x	1006x			1404x	1656x	2057x
Ler			0615x	1011x			1410x	1701x	2102x
Lundamo			0621x	1017x			1416x	1707x	2109x
Hovin			0626x	1022x			1421x	1712x	2114x
Støren			0640	1033			1429	1724	2127
Rognes			0650x	1043x			1438x	1734x	2137x
Kotsøy			0657x	1050x			1445x	1741x	2144x
Singsås			0707x	1100x			1455x	1751x	2154x
Langlete			0722x	1115x			1510x	1806x	2209x
Haitdalen			0731x	1124x			1519x	1815x	2218x
Ålen			0745x	1138x			1533x	1829x	2232x
Reitan			0751x	1144x			1539x	1835x	2238x
Glåmos			0807x	1200x			1555x	1851x	2254x
Røros			0817	1210			1605	1902	2305
Røros	0418	0618	0822	1220	1417	1623	1623		
Os	0428	0628	0832	1230	1427	1633	1633		
Tolga	0441	0641	0845	1243	1440	1646	1646		
Tynset	0457	0657	0901	1301	1458	1702	1702		
Auma	0505x	0705x	0909x	1309x	1506x	1710x	1710x		
Alvdal	0515	0715	0919	1319	1516	1720	1720		
Bellingmo	0524x	0724x	0928x	1328x	1525x	1729x	1729x		
Hanestad	0542x	0742x	0946x	1346x	1543x	1747x	1747x		
Atna	0552x	0752x	1002x	1401	1553x	1803	1803		
Koppang	0612	0811	1022	1421	1613	1823	1823		
Stai	0620x	0819x	1030x	1430x	1621x	1831x	1831x		
Evenstad	0629x	0828x	1039x	1439x	1630x	1840x	1840x		
Opphus	0639x	0838x	1049x	1449x	1640x	1850x	1850x		
Steinvik	0645x	0844x	1055x	1455x	1646x	1856x	1856x		
Rena	0655	0856	1105	1505	1658	1906	1906		
Elverum	0718	0919	1127	1527	1721	1928	1928		
Løten	0729x	0930x	1137x	1538x	1731x	1938x	1938x		
Ilseeng	0735x	0936x	1143x	1544x	1737x	1944x	1944x		
Hamar	0742	0943	1151	1552	1746	1952	1952		

Symbols:

- a Stops only for de-boarding passengers.
- p Stops only for boarding passengers.
- x Stops when required. If you wish to board the train, please stand visible on the platform.
- Pr PREMIUM a category with more amenities included.
- PP PREMIUM Pluss with reclining seats. Our most comfortable alternative.
- R **Mandatory seat reservation.**
- ☐ The café carriage offers a large variety of cold and warm meals, snacks and drinks.
- 🚲 On departures Oslo-Trondheim you need to reserve a space for your bicycle.
- ☐ You can purchase a ticket online at Entur.
- ☐ Coffee machine

Changes may find place as a result of reparations,
maintenance, as well as national holidays.
Check sj.no, Entur or call (+47) 61 25 22 00 for more
information.

From June 26th through August 17th 2025



R60 Hamar - Røros - Trondheim

Train number	411	413	2381	2383	2385	2385	417	2389	2391	2393
RØROSBANEN			R	R	R	R		R	R	R
Monday-Friday	M-F		M-F		M-F			M-F		M-F
Saturday		Sa		Sa			Sa	Sa		
Sunday						S		S	S	S
Hamar			0810	1011	1211	1211		1609	1815	2011
Ilseeng			0817x	1018x	1218x	1218x		1616x	1822x	2018x
Løten			0824x	1025x	1225x	1225x		1623x	1829x	2025x
Elverum			0836	1037	1237	1237		1636	1841	2037
Rena			0857	1059	1258	1258		1658	1902	2058
Steinvik			0906x	1112x	1306x	1306x		1707x	1913x	2107x
Opphus			0913x	1119x	1313x	1313x		1714x	1920x	2114x
Evenstad			0923x	1129x	1323x	1323x		1724x	1930x	2124x
Stai			0931x	1137x	1331x	1331x		1732x	1938x	2132x
Koppang			0941	1147	1341	1341		1742	1948	2142
Atna			1002	1206x	1402	1402		1803x	2007x	2201x
Hanestad			1012x	1216x	1412x	1412x		1813x	2017x	2211x
Bellingmo			1030x	1234x	1430x	1430x		1831x	2035x	2229x
Alvdal			1040	1244	1440	1440		1841	2045	2239
Auma			1049x	1253x	1449x	1449x		1850x	2054x	2248x
Tynset			1059	1303	1459	1459		1859	2104	2258
Tolga			1115	1319	1515	1515		1915	2120	2314
Os			1128	1332	1528	1528		1928	2133	2327
Røros			1138	1342	1538	1538		1939	2143	2337
Røros	0502	0700			1544	1607	1628	1945		
Glåmos	0512x	0710x			1554x	1617x	1637x	1955x		
Reitan	0527x	0725x			1610x	1632x	1652x	2011x		
Ålen	0533x	0731x			1616x	1638x	1658x	2017x		
Haltaldalen	0546x	0744x			1630x	1651x	1711x	2031x		
Langlete	0554x	0752x			1639x	1659x	1719x	2040x		
Singsås	0610x	0808x			1654x	1714x	1735x	2055x		
Kotsøy	0619x	0817x			1704x	1724x	1744x	2105x		
Rognes	0625x	0823x			1711x	1730x	1750x	2112x		
Støren	00:00	0837			1727	1743	1803	2126		
Hovin	0653x	0842x			1733x	1749x	1809x	2138		
Lundamo	0700x	0852			1740x	1755x	1815x	2145x		
Ler	0706x	0858x			1746x	1801x	1821x	2151x		
Kvål	0711x	0903x			1751x	1806x	1826x	2156x		
Melhus Skystasjon	0717	0909			1757	1812	1832	2202		
Heimdal	0728	0919			1811	1821	1841	2211		
Selsbakk	0733x	0924x			1816x	1826x	1846x	2216x		
Marienberg	0738	0928			1820	1830	1850	2220		
Skansen	0741	0931			1823	1833	1853	2223		
Trondheim S	0744	0934			1826	1836	1856	2226		

Symbols:

- a Stops only for de-boarding passengers.
- p Stops only for boarding passengers.
- x Stops when required. If you wish to board the train, please stand visible on the platform.
- Pr PREMIUM a category with more amenities included.
- PP PREMIUM Pluss with reclining seats. Our most comfortable alternative.
- R Mandatory seat reservation.**
- !! The café carriage offers a large variety of cold and warm meals, snacks and drinks.
- On departures Oslo-Trondheim you need to reserve a space for your bicycle.
- You can purchase a ticket online at Entur.
- Coffee machine

Changes may find place as a result of reparations, maintenance, as well as national holidays. Check sj.no, Entur or call (+47) 61 25 22 00 for more information.