

From June 26th through August 17th 2025



F7 Trondheim S - Bodø

Train number	1781	1783	483	1771	473	1787	1789	471	1791	479	477	1797
NORDLANDSBANEN	R	R	R	R	R	R	R	R	R	R	R	R
R75 SALTENPENDELEN												
Monday-Friday	M-F	M-F	M-F	M-F	M-F	M-F	M-F	M-F	M-F		M-F	F
Saturday								Sa				Sa
Sunday								S		S	S	
Trondheim S								0749			1600	
Trondheim Lufthavn								0824			1636p	
Stjørdal								0828			1641p	
Levanger								0915			1729p	
Verdal								0927			1740p	
Steinkjer								0949			1806p	
Steinkjer								0951			1807p	
Jørstad								1024x			1837x	
Snåsa								1031			1849	
Grong								1058			1914	
Harran								1113x			1927x	
Lassemoen								1127x			1940x	
Namsskogan								1151x			2003x	
Majavatn								1214x			2024x	
Trofors								1248			2059	
Mosjøen								1317			2127	
Mosjøen			0642					1317		1657	2145	
Drevvatn			0705x					1345x		1720x	2206x	
Bjerka			0725					1407		1740	2227	
Mo i Rana			0746					1428		1800	2248	
Mo i Rana					0756			1431		1801		
Skonseng					0807x					1812x		
Dunderland					0829x					1833x		
Lønsdal								1551x				
Røklund					0937x			1613x		1947x		
Rognan	0535	0631		0853	0947			1631	1801	2001		0205
Fauske	0555	0651		0913	1009	1424	1612	1652b	1830	2022		0225
Valnesfjord	0603x	0659x		0922x	1017x	1432x	1620x	1708x	1838x	2030x		0233x
Oterågå	0616x	0712x		0935x	1031x	1445x	1639	1722x	1851x	2043x		0246x
Tverlandet	0621x	0717x		0941x	1036x	1450x	1644x	1728x	1856x	2048x		0251x
Mørkved	0628x	0724x		0948x	1043x	1457x	1651x	1736x	1903x	2055x		0258x
Bodø	0636	0732		0956	1051	1505	1659	1744	1910	2103		0306

Symbols

- a Stops only for de-boarding passengers.
- p Stops only for boarding passengers.
- x Stops when required. If you wish to board the train, please stand visible on the platform.
- Pr PREMIUM a category with more amenities included.
- PP PREMIUM Pluss with reclining seats. Our most comfortable alternative.
- R Mandatory seat reservation.**
- The café carriage offers a large variety of cold and warm meals, snacks and drinks.
- Coffee machine
- On departures Oslo-Trondheim you need to reserve a space for your bicycle.
- You can purchase a ticket online at Entur.
- Family carriage with a playroom designed for children.

Changes may find place as a result of reparations, maintenance, as well as national holidays.
Check sj.no, Entur or call (+47) 61 25 22 00 for more information.

From June 26th through August 17th 2025



◇ F7 Bodø - Trondheim S

Train number	1770	478	472	1786	1788	1790	474	1796
NORDLANDSBANEN	R	R	R	R	R	R	R	R
R75 SALTENPENDELEN								
Monday-Friday	M-F	M-F	M-F	M-F	M-F	M-F	M-F	F
Saturday		L	L					L
Sunday		S	S				S	
Bodø	0734		1227	1335	1513	1616	1746	0055
Mørkved	0740x		1234x	1341x	1519x	1622x	1752x	0101x
Tverlandet	0748x		1243x	1349x	1527x	1630x	1800x	0109x
Oterågå	0753x		1249x	1354x	1533x	1636x	1805x	0114x
Valnesfjord	0805x		1303x	1406x	1545x	1648x	1817x	0126x
Fauske	0821		1316b	1416	1555	1700	1828	0137
Rognan	0839		1336			1719	1846	0156
Røklund			1345x				1900x	
Lønsdal			1412x				1924x	
Dunderland							2001x	
Skonseng							2022x	
Mo i Rana			1542				2033	
Mo i Rana		0811	1545				2035	
Bjerka		0831	1606				2055	
Drevvatn		0851x	1627x				2115x	
Mosjøen		0914	1652				2138	
Mosjøen		0916	1655					
Trofors		0944	1725					
Majavatn		1015x	1759x					
Namsskogan		1036x	1822x					
Lassemoen		1057x	1845x					
Harran		1113	1858x					
Grong		1129	1914					
Snåsa		1153	1941					
Jørstad		1158x	1946x					
Steinkjer		1231ax	2021x					
Verdal		1250ax	2046x					
Levanger		1302ax	2102x					
Stjørdal		1342ax	2145x					
Trondheim Lufthavn		1345ax	2148					
Trondheim S		1413	2213					

Symbols

- a Stops only for de-boarding passengers.
- p Stops only for boarding passengers.
- x Stops when required. If you wish to board the train, please stand visible on the platform.
- Pr PREMIUM a category with more amenities included.
- PP PREMIUM Pluss with reclining seats. Our most comfortable alternative.
- R **Mandatory seat reservation.**
- The café carriage offers a large variety of cold and warm meals, snacks and drinks.
- Coffee machine
- On departures Oslo-Trondheim you need to reserve a space for your bicycle.
- You can purchase a ticket online at Entur.
- Family carriage with a playroom designed for children.

Changes may find place as a result of reparations, maintenance, as well as national holidays.
Check sj.no, Entur or call (+47) 61 25 22 00 for more information.