

From December 15th 2024 - December 13th 2025



F7 Trondheim S - Bodø

Train number	1781	1783	475	483	473	473	1785	1787	1789	471	1791	479	1793	477	1797
NORDLANDSBANEN R75 SALTENPENDELEN	R ☐	R ☐	R ☐ PP	R ☐	R ☐	R ☐	R ☐	R ☐	R ☐	R ☐ PP	R ☐	R ☐	R ☐	R ☐	R ☐
	☐ ☐	☐ ☐	☐ ☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐	☐ ☐
Monday - Friday	M-F	M-F	M-F	M-F	M-F		M-F	M-F	M-F	M-F	M-F	M-F	M-F	M-F	F
Saturday			Sa	Sa		Sa				Sa					Sa
Sunday			S							S		S			
Trondheim S			2305							0749				1600	
Trondheim Airport			2337							0824				1636p	
Stjørdal			2341							0828				1641p	
Levanger			0021							0915				1729p	
Verdal			0034							0927				1740p	
Steinkjer			0056							0949				1806p	
Steinkjer			0057							0951				1807p	
Jørstad										1024x				1837x	
Snåsa			0136x							1031				1849	
Grong			0207							1058				1914	
Harran										1113x				1927x	
Lassemoen										1127x				1940x	
Namsskogan			0309							1151x				2003x	
Majavatn										1214x				2024x	
Trofors			0406							1248				2059	
Mosjøen			0441							1317				2127	
Mosjøen			0444	0642						1317		1657		2145	
Drevvatn				0705x						1345x		1720x		2206x	
Bjerka			0530x	0725						1407		1740		2227	
Mo i Rana			0552	0746						1428		1800		2248	
Mo i Rana			0555		0756	0756				1431		1801			
Skonseng					0807x	0807x						1812x			
Dunderland					0829x	0829x						1833x			
Lønsdal			0717x			0917x				1551x					
Røklund			0739x		0937x	0937x				1613x		1947x			
Rognan	0535	0631	0750		0947	0947	1124			1631	1801	2001	2048		0205
Fauske	0555	0651	0811		1009	1009	1144	1424	1612	1652b	1830	2022	2108		0225
Valnesfjord	0603x	0659x	0828x		1017x	1017x	1152x	1432x	1620x	1708x	1838x	2030x	2116x		0233x
Oterågå	0616x	0712x	0842x		1031x	1031x	1205x	1445x	1639	1722x	1851x	2043x	2136		0246x
Tverlandet	0621x	0717x	0848x		1036x	1036x	1210x	1450x	1644x	1728x	1856x	2048x	2141x		0251x
Mørkved	0628x	0724x	0856x		1043x	1043x	1217x	1457x	1651x	1736x	1903x	2055x	2148x		0258x
Bodø	0636	0732	0905		1051	1051	1225	1505	1659	1744	1910	2103	2155		0306

Symbols

- a Stops only for de-boarding passengers.
- p Stops only for boarding passengers.
- x Stops when required. If you wish to board the train, please stand visible.
- Pr PREMIUM a category with more amenities included.
- PP PREMIUM Pluss with reclining seats. Our most comfortable alternative
- R Mandatory seat reservation.**
- ☐ The café carriage offers a large variety of cold and warm meals, snack: Coffee machine
- ☐ On departures Oslo-Trondheim you need to reserve a space for your bicycle. You can purchase a ticket online at Entur.
- ☐ Family carriage with a playroom designed for children.

The night train remains canceled without alternative transportation until new locomotives are in place.

Changes may find place as a result of railway maintenance, as well as national holidays. Check sj.no, Entur or call (+47) 61 25 22 00 for more information.

From December 15th 2024 - December 13th 2025



◇ F7 Bodø - Trondheim S

Train number	478	470	1784	472	1786	1788	1790	474	1792	476	1794	1796
NORDLANDSBANEN R75 SALTENPENDELEN	R 🚶🚶🚶	R 🚶🚶🚶	R 🚶 🚶🚶	R PP 🚶🚶🚶	R 🚶 🚶🚶	R 🚶 🚶🚶	R 🚶 🚶🚶	R 🚶 🚶🚶	R 🚶 🚶🚶	R PP 🚶🚶🚶	R 🚶 🚶🚶	R 🚶 🚶🚶
Monday - Friday	M-F	M-F	M-F	M-F	M-F	M-F	M-F	M-F	M-F	M-F	M-F	F
Saturday	Sa			Sa				Sa		Sa		Sa
Sunday	S			S				S		S		
Bodø		0734	1012	1227	1335	1513	1616	1746	1925	2109	2315	0055
Mørkved		0740x	1018x	1234x	1341x	1519x	1622x	1752x	1932x	2117x	2322x	0101x
Tverlandet		0748x	1026x	1243x	1349x	1527x	1630x	1800x	1940x	2126x	2330x	0109x
Oterågå		0753x	1031x	1249x	1354x	1533x	1636x	1805x	1953	2133x	2336x	0114x
Valnesfjord		0805x	1044x	1303x	1406x	1545x	1648x	1817x	2005x	2147x	2348x	0126x
Fauske		0821	1056	1316b	1416	1555	1700	1828	2022	2202b	2358	0137
Rognan		0839	1115	1336			1719	1846	2040	2222	0016	0156
Røklund		0848x		1345x				1900x		2232x		
Lønsdal		0915		1412x				1924x		2303x		
Dunderland		0952x						2001x				
Skonseng		1012x						2022x				
Mo i Rana		1024		1542				2033		0021		
Mo i Rana	0811	1025		1545				2035		0024		
Bjerka	0831	1045		1606				2055		0046x		
Drevvatn	0851x	1105x		1627x				2115x				
Mosjøen	0914	1128		1652				2138		0133		
Mosjøen	0916			1655						0142		
Trofors	0944			1725						0213		
Majavatn	1015x			1759x								
Namsskogan	1036x			1822x						0311		
Lassemoen	1057x			1845x								
Harran	1113			1858x								
Grong	1129			1914						0405		
Snåsa	1153			1941						0433x		
Jørstad	1158x			1946x								
Steinkjer	1231ax			2021x						0517		
Verdal	1250ax			2046x						0540		
Levanger	1302ax			2102x						0552		
Stjørdal	1342ax			2145x						0640		
Trondheim Airport	1345ax			2148						0643		
Trondheim S	1413			2213						0715		

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- R **Mandatory seat reservation.**
- || The café carriage offers a large variety of cold and warm meals, snacks and drinks.
- ☞ Coffee machine
- 🚲 On departures Oslo-Trondheim you need to reserve a space for your bicycle.
- 👤 You can purchase a ticket online at Entur.
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